

Health and Safety Essentials

Lecture 20 – Revision and Assignment Preparation

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Undergraduate Diploma in
Occupational Health and Safety

Recap Question 1

Which statement BEST describes the Corporate Sustainability Reporting Directive (CSRD)?

- A. A voluntary sustainability framework used by investors
- B. An EU directive requiring companies to disclose standardised sustainability and OHS-related performance information 
- C. A certification standard equivalent to ISO 45001
- D. A guideline encouraging companies to report only environmental performance

Recap Question 2

Which concept requires organisations to assess both how their activities impact workers and society and how sustainability risks affect the company's financial performance?

- A. Triple Bottom Line
- B. Corporate Social Responsibility
- C. Double Materiality 
- D. Stakeholder Engagement

Recap Question 3

In the context of ESG reporting, which element most directly relates to worker safety, well-being, and labour conditions?

- A. Environmental (E)
- B. Social (S) 
- C. Governance (G)
- D. Economic (Profit)

1. Last lecture of this module...finally 😊

- Over the past 19 lectures, we have explored the key foundations of Occupational Health and Safety.
- Your assignment now asks you to apply the knowledge from these lectures to real workplace scenarios.
- The most successful assignments usually connect several lectures together, rather than focusing on a single concept.
- As a general guideline:
👉 Try to draw from at least three or more lectures when answering the assignment question.

2. The Learning Journey So Far

Lecture	Topic
1	Introduction to Occupational Health and Safety
2	Understanding Organisational Context and Management Theories
3	Health and Safety Legislation
4	Governance and Policy in Health and Safety
5	Inspection, Auditing and Monitoring
6	Leadership in Health and Safety
7	Human Behaviour and Organisational Culture in OHS
8	Risk Management Fundamentals
9	Physical and Chemical Hazards
10	Biological and Ergonomic Hazards

2. The Learning Journey So Far

Lecture	Topic
11	Psychosocial Hazards and Workplace Stress
12	Safety Management Systems
13	Occupational Health Challenges and Control Measures
14	Emergency Preparedness and Response
15	Risk Assessment Methodologies
16	Accident Investigation Techniques
17	Health and Safety Training Programmes
18	Communication and Consultation in OHS
19	Sustainability, CSRD and ESG in OHS
20	Recap – Assignments & Presentations

3. Assignment Question 1 – Kitchen Accident

- This scenario involves a slip leading to severe burns in a deep-fat fryer.
 - Students can link this question to several lectures.
- Relevant Lectures
- Lecture 7 – Human Behaviour and Organisational Culture
 - Workers accepting unsafe conditions
 - Production pressure
 - Risk normalisation
- Lecture 8 – Risk Management Fundamentals
 - hazard identification
 - risk evaluation
 - risk control



3. Assignment Question 1 – Kitchen Accident

- Lecture 15 – Risk Assessment Methodologies
- The key point in this case:
 - Risk assessments existed but were not effective.
 - Students should explore why.
- Possible issues:
 - risk assessments not reviewed
 - hazards tolerated
 - controls not implemented
- - Lecture 6 – Leadership in Health and Safety
 - Leadership failure may include:
 - weak enforcement of procedures
 - lack of accountability
 - insufficient supervision.



3. Assignment Question 1 – Kitchen Accident

- Lecture 5 – Inspection, Auditing and Monitoring
 - Monthly checks identified problems, yet:
 - corrective action was ineffective
 - monitoring did not lead to improvement.
- - Lecture 4 – Governance and Policy
 - Policies may exist but:
 - implementation is weak
 - responsibilities unclear.



4. Assignment Question 2 – 5S and Slip Hazards in a Foundry

- This question is strongly linked to management systems and workplace organisation.
- Relevant lectures include:
- Lecture 8 – Risk Management Fundamentals
 - Poor housekeeping increases:
 - slips
 - trips
 - contamination risks.
- Should explain how hazard identification and risk evaluation should detect these problems.



4. Assignment Question 2 – 5S and Slip Hazards in a Foundry

- Lecture 12 – Safety Management Systems
- 5S functions as a structured system that improves safety by organising the workplace.
- It supports:
 - hazard visibility
 - standardisation
 - continuous improvement.
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- Lecture 6 – Leadership in Health and Safety
- Successful 5S programmes require:
 - leadership commitment
 - sustained supervision
 - management engagement.
 - Without leadership support, 5S often fails.



4. Assignment Question 2 – 5S and Slip Hazards in a Foundry

- Lecture 5 – Inspection, Auditing and Monitoring
- Sustaining 5S requires:
 - inspections
 - monitoring
 - performance measurement.
- Lecture 7 – Organisational Culture
- 5S also promotes:
 - worker ownership
 - discipline
 - engagement.



Break



5. Assignment Question 3 – Psychosocial and Ergonomic Risks

- This question links strongly to occupational health topics.
- Relevant lectures include:
- Lecture 10 – Biological and Ergonomic Hazards
 - workstation design
 - repetitive movements
 - postural strain.
- Lecture 11 – Psychosocial Hazards and Workplace Stress
- Key issues include:
 - high workload
 - low job control
 - mental fatigue
 - burnout.



5. Assignment Question 3 – Psychosocial and Ergonomic Risks

- Lecture 13 – Occupational Health Challenges and Control Measures
- Consider:
 - long-term health impacts
 - musculoskeletal disorders
 - fatigue.
-
- Lecture 18 – Communication and Consultation
- Improving psychosocial conditions requires:
 - worker participation
 - consultation
 - reporting systems.

5. Assignment Question 3 – Psychosocial and Ergonomic Risks

- Lecture 13 – Occupational Health Challenges and Control Measures
- Consider:
 - long-term health impacts
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- Lecture 18 – Communication and Consultation
- Improving psychosocial conditions requires:
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 - reporting systems.

5. Assignment Question 3 – Psychosocial and Ergonomic Risks

- Lecture 6 – Leadership
- Leaders influence:
 - workload expectations
 - organisational priorities
 - wellbeing initiatives.



6. Assignment Structure

- Aim for a logical structure.
- Suggested structure:
 1. Introduction
 2. Main Analysis
 3. Critical Discussion and Proposals
 4. Conclusion
 5. References
- The content inside these sections will differ depending on the question chosen.
- Strong assignments demonstrate critical analysis and supported arguments, which are key criteria in the assessment rubric.

7. The 5-Minute Presentation

- You must also present their assignment topic.
- Important clarification:
 - The presentation does not need to show final conclusions.
- Instead, it can explain:
 - which question they selected and why
 - how they intend to analyse it
 - which lecture topics you intend to use.
- This helps students receive feedback before submitting the assignment.
- The assignment itself is approximately 1,700 words and requires around 30 hours of work.



8. Suggested Presentation Structure

- You can comfortably present within 5 minutes using five slides.
- Example (you may have different ideas):
 - Slide 1
Assignment question selected and why it was chosen (not copy paste all details -
 - Slide 2
Description of the problem (again not copy paste)
 - Slide 3
Relevant lectures that will inform the analysis and why you think so
 - Example:
 - Lecture 8 – Risk Management Fundamentals
 - Lecture 6 – Leadership in Health and Safety
 - Lecture 7 – Organisational Culture



8. Suggested Presentation Structure

- Slide 4
Why you think that the learning chosen is best for to make your arguments to answer this question.
- Slide 5
Anticipated conclusions or improvement measures



9. How to Stay Within 5 Minutes

- A useful guideline:
 - 1 slide $\approx$ 1 minute
- So a 5-slide presentation usually fits well within the 5-minute limit.
- You should:
 - rehearse beforehand
 - Do NOT simply read the slides
 - use clear bullet points.



11. Final Advice

- Remember:
 - you still have more than enough time to complete the assignment
 - the presentation is meant to help organise your thinking
 - feedback can improve the final submission.
- The key objective is to demonstrate understanding of the concepts covered throughout the 19 lectures and apply them to real workplace situations.







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